



- **Gymnastics**
- **Swimming**
- **Gym & Swim Combo**
- **Junior & Senior Sport Camp**
- **Morning Palaestra**

## **Crenshaw Athletic Club - Summer 2017**

- 1) Carefully complete, read and sign the summer application form. Make sure that you mark/fill in the correct term(s), program, child's birth date and family email. Note any recent change in address.
- 2) Check your calendar and compare it to the term dates.
- 3) Please note that the tuition is **NON-REFUNDABLE** and **NON-TRANSFERABLE**.
- 4) Please enclose a \$100 deposit per term, per child for **ANY OF THE SUMMER PROGRAMS**. The balance of your tuition will be due in full about 15 days prior to the start of the program. A reminder will be mailed to your address. Failure to pay the balance on time will mean the forfeiture of your child's place in the program.
- 5) Please refrain from asking to have your child grouped with friends.
- 6) **Swimming Only**...If a child is registered into a swim class that is not the correct level, Crenshaws will notify you which class will be more appropriate should there be available space.

**We are looking forward to an exciting 2017 summer.**

# Crenshaw Athletic Club Summer Programs 2017

5000 Fairview Drive    Austin, Texas 78731    512-453-5551 (fax) 512-452-7875  
www.crenshaws.com

## GYMNASTIC CLASSES for Boys & Girls ages 3-14

Classes meet **Monday through Thursday** in our air conditioned gymnasium. The classes will introduce children to the exciting world of gymnastics. Children are grouped by ability so that all levels will have a chance to reach their own potential. The program includes rotations of Trampoline, Tumbling, Bars, Beam, Rings and More! All classes are for boys and girls.

| Time               | Ages         | Days                        |
|--------------------|--------------|-----------------------------|
| 9:05 - 9:45 a.m.   | 3 & 4 years  | <b>Monday thru Thursday</b> |
| 9:50 - 10:30 a.m.  | 5 - 7 years  | <b>Monday thru Thursday</b> |
| 10:35 - 11:15 a.m. | 8 - 14 years | <b>Monday thru Thursday</b> |



## SWIMMING CLASSES for Boys & Girls ages 3-10

Classes meet **Monday through Thursday** in our indoor heated swimming pool.

- Level 1:** Blowing Bubbles, head submersion, floating, pool safety.
  - Level 2:** Unassisted floating, basic strokes, gliding, intro to deep water.
  - Level 3:** Rotary breathing, refine basic strokes, breaststroke, deep end work.
  - Level 4:** Competence in basic strokes, butterfly, stamina
  - Level 5:** Competence in all strokes, endurance, flip turns
- (A more detailed description can be found on our website)

| MORNINGS           | Ages                  | Days                        |
|--------------------|-----------------------|-----------------------------|
| 9:30 - 10:00 a.m.  | Ages 7-10 Level 4 & 5 | <b>Monday thru Thursday</b> |
| 10:00 - 10:30 a.m. | Ages 5-7 Level 3      | <b>Monday thru Thursday</b> |
| 10:45 - 11:15 a.m. | Ages 4-5 Level 2      | <b>Monday thru Thursday</b> |
| 11:15 - 11:45 a.m. | Ages 3-4 Level 1      | <b>Monday thru Thursday</b> |

*Limited space - Approx 5 students per group*



## COMBO GYM & SWIM CLASSES for Boys & Girls ages 4 – 6 (Through Kindergarten)

The Combo Gym & Swim joins two very popular programs into one. Children will have a full lesson in both programs.

### LEVELS

Swimming: Level 1-3 swimmers.  
Gymnastics: Any level of experience in the gym is acceptable.

### COMBO CLASSTIME AND DAYS

3:45 - 5:15 p.m.    Ages 4-6    **This Combo Program meets Monday-Thursday**

| TUITION FOR GYMNASTICS, SWIMMING CLASSES or COMBO GYM/SWIM |                      |           |             |       |
|--|----------------------|-----------|-------------|-------|
| Terms  | Dates                | Length    | Gym or Swim | Combo |
| Term 1   | June 5 - June 22     | (3 Weeks) | \$150       | \$300 |
| Term 2   | June 26 - July 13    | (3 Weeks) | \$150       | \$300 |
| Term 3   | July 17 - August 3   | (3 Weeks) | \$150       | \$300 |
| Term 4   | August 7 - August 17 | (2 Weeks) | \$100       | \$200 |

A \$100 portion of the tuition per term, per child is due upon registration.  
The balance is due about 15 days prior to the beginning of class. You will receive a notice as a reminder.  
The deposit is non-refundable and non-transferable.  
Crenshaws will be closed July 4th.

# Summer 2017 - Morning Palaestra

Registration for Morning Palaestra will begin March 1.

## THE SUPER PRESCHOOL Half Day Camp

### MORNING PALAESTRA

**Palaestra** means "Meeting together and learning while doing physical activities." Palaestra is for children ages 3-6 including those who will have just finished Kindergarten.

**Activities** include Swimming, Gymnastics (Tumbling, Trampoline, Beam, Bars, Rings), Gym Games, Creative Play, Arts & Crafts, Stories and More!

**Instruction:** 9:00 a.m. - 12:00 noon.

**Early drop-off:** Available at 8:00 a.m. in the upstairs preschool room.

**Days of the week:** Summer Palaestra meets Monday through Friday.

| Sample Schedule    | Activity                             |
|--------------------|--------------------------------------|
| 8:00 - 8:45 a.m.   | Early Drop off in Upstairs Classroom |
| 8:45 - 9:00 a.m.   | Regular Drop-off in Gym              |
| 9:00 - 9:30 a.m.   | Gymnastics                           |
| 9:30 - 10:00 a.m.  | Story Time                           |
| 10:00 - 10:30 a.m. | Arts & Crafts                        |
| 10:30 - 10:45 a.m. | Snack                                |
| 10:45 - 11:15 a.m. | Creative Play                        |
| 11:15 - 11:45 a.m. | Swimming                             |
| 11:45 - 12:00 noon | Pick up children                     |

### TUITION FOR SUMMER PALAESTRA PROGRAMS

| Terms  | Dates                | Length    | Preschool |
|--------|----------------------|-----------|-----------|
| Term 1 | June 5 - June 23     | (3 Weeks) | \$375     |
| Term 2 | June 26 - July 14    | (3 Weeks) | \$375     |
| Term 3 | July 17 - August 4   | (3 Weeks) | \$375     |
| Term 4 | August 7 - August 18 | (2 Weeks) | \$250     |

A \$100 portion of the tuition per term, per child is due upon registration.

The balance is due about 15 days prior to the beginning of class. You will receive a notice as a reminder.

The deposit is non-refundable and non-transferable.

Crenshaws will be closed July 4th.

We also begin registration for Fall 2017 Palaestra on February 15, 2017.

# Summer 2017 - Half Day Sport Camp

Registration for summer camp will begin March 1.

## HALF DAY AFTERNOON SPORT CAMP for Boys & Girls 4-11 years

The camp meets from 1:00 p.m. - 4:00 p.m., **Monday through Friday**.

The **Afternoon Sport Camp** will be divided into two age groups this summer. The Junior Sport Camp will have 4 & 5 year olds and the Senior Sport Camp will have 6-11 year olds. The Sport Camp provides a well-rounded program of group-oriented activities. Special activities are designed to appeal to both boys and girls.

**Junior Sport Camp (4 & 5 year olds):** The afternoon activities include a Swim Lesson, Arts & Crafts, Gymnastics (Tumbling, Trampoline, Rings, Bars, Beam) and a wide variety of Gym Games.

**Senior Sport Camp (6-11 year olds):** The afternoon activities include: Recreational Swimming, Gymnastics (Tumbling, Trampoline, Rings, Bars, Beam) and a wide variety of Gym Games. Outdoor games and a special Field Trip.

### TUITION FOR SUMMER HALF DAY SPORT CAMP

| Terms  | Dates                | Length    | Sport Camp |
|--------|----------------------|-----------|------------|
| Term 1 | June 5 - June 23     | (3 Weeks) | \$375      |
| Term 2 | June 26 - July 14    | (3 Weeks) | \$375      |
| Term 3 | July 17 - August 4   | (3 Weeks) | \$375      |
| Term 4 | August 7 - August 18 | (2 Weeks) | \$250      |

A \$100 portion of the tuition per term, per child is due upon registration.

The balance is due 15 days prior to the beginning of class. You will receive a notice as a reminder.

The deposit is non-refundable and non-transferable.

Crenshaws will be closed July 4th.